

## Coquitlam Seafood Restaurants

Coquitlam Seafood Restaurants - There are countless kinds of seafood meals as this category of food encompasses all dishes that make use of a primary component which is derived from the sea. Fish and shellfish are the main sources of seafood, although, a lot of people view sea plants and sea mammals as seafood meals also. Certain sources limit those items counted as seafood to animals and plants found within the ocean, though it is common for individuals to refer to shellfish and even river fish as seafood.

Seafood is often popular in countries and regions where the culinary history of the place is located near the ocean. Japan for instance, is surrounded by sea. Thus, numerous seafood meals are incorporated in Japanese cuisine. Sashimi, sushi and several noodle dishes and soups focus on seafood. There are various countries that have a long history of fishing that offer many foods of this particular kind. In Italy for example, there are many meals which mix tomato sauces and shellfish.

Practically each kind of sea creature could be fried and thus, frying seafood is a very common way to prepare it. Fish and shellfish could be fried and are often served together with potato sides like for instance French fries. It is also common to make soups or chowders out of seafood as well. Marinating and baking seafood is another common way to enjoy and several kinds of shellfish are usually boiled.

Another popular way to prepare fish is to can it, and there are a wide variety of foods involving canned fish. These are not always recognized in the public as seafood items. Like for instance, tuna sandwiches and canned crab are rather popular however technically various foods made from canned fish all fall under the seafood category. Within various parts of the globe pickled fish like for instance pickled herring is a popular alternative and fish utilized as a topping for bread is likewise a common preparation in particular places.

The variety amongst seafood meals differs widely and has a lot to do with various components utilized in the dish. Individual fish have very distinct flavors at times and much of the character of certain dishes is reflected in the manner that they are prepared. For example, teriyaki salmon is really different from ceviche, although both dishes utilize fish. Seafood and fish are considered by many individuals to be really versatile components although there are various traditional preparations for some kinds of fish.

There are several kinds of seafood dishes considered delicacies that are the subject of significant controversy. Like for instance, whale and dolphin meat are generally considered inappropriate food sources for ethical reasons. There is much disagreement about this issue and these foods are therefore only prepared and eaten within some areas. Shark meals are one more area of concern. The dishes containing shark are less problematic although, and because of issues concerning extinction, they are rarely served. Sea animals must be harvested carefully so as to maintain a desirable ecosystem. There are actually a variety of strategies that can be possibly used.